

Third Sunday of Lent
Veneration of the Precious Cross; Tone 7

Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Triodion 4, Glory: Triodion, Tone 3; Both now:

Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos 4; Glory, Both now: Theotokion (in the Triodion), Tone 4

Troparia: O Theotokos Virgin, Rejoice, twice; O Lord, save Thy people..., once

Matins

After God is the Lord: Resurrectional Troparion twice; Glory: O Lord, save Thy people...;

Both now: Dismissal Theotokion in the same tone

After each Kathisma: Sessional Hymns from the Octoechos

Evlogitaria

Hypakoë, Hymns of Ascent and Prokeimenon in tone of the week

7th Matins Gospel

Having beheld the Resurrection; Psalm 50

Glory: The doors of repentance; Both now: Guide me in the paths of salvation; Have mercy on me, O God; When I think of the multitude of evil things I have done.

The Gospel is not venerated

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Theotokos 1 *O Most-holy Theotokos, save us*

Cross 5 *Glory to Thy Precious Cross, O Lord*

Katavasia in the Triodion *Moses the servant of God...*

After Ode 3: Sessional hymn of the Triodion (Thy Cross, O Lord, is holy)

After Ode 6: Kontakion and Ikos of the Triodion

After Ode 8: My soul doth magnify...

Holy is the Lord, our God

Exapostilaria: 7th Gospel; Glory: Triodion; Both now: Theotokion in the Triodion

Praises: Octoechos 4; Triodion 4 (Repeat first), Tone 4 (final two with verses in the Triodion); Triodion, Tone 8 (The Lord of all has taught us in a parable); Glory: Repeat; Both now: Most blessed art thou...

Great Doxology with final Holy God... sung solemnly when the Cross is brought out;

O Lord, save Thy people..., thrice; Clergy: Before Thy Cross..., thrice; Chanters: Before Thy Cross..., thrice; Triodion stichera during the veneration of the Cross

After the dismissal: Glory, Both now: 7th Gospel Sticheron

At the Hours

Troparion: Resurrection; Glory: Cross

Kontakion: Cross