

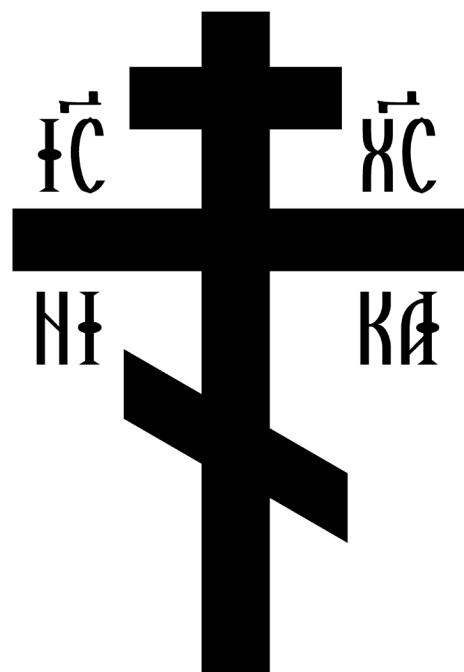
**Tone VII**  
**Music for Reader Services:**  
**Vespers, Matins, First Hour and Typika**

Δόμικ επίκλικ όψεις μνημονίου  
**Holy Myrrh-bearers**  
Ο Οίκος τῶν Αγίων Μυροφόρων

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χριστός  
MMXXIII





# **Tone VII**

## **Music for Reader Services:**

## **Vespers, Matins, First Hour and Typika**

# Άδομά επτάγχική ζέηκη μυροφόρική **Holy Myrrh-bearers** Ο Οίκος τῶν Ἅγιων Μυροφόρων

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A.D. 2023 Commemoration of the Founding of the Church of the Resurrection in Jerusalem  
2023 г. Память обновления храма Воскресения Христова в Иерусалиме

# Tone VII: Music for Reader Services

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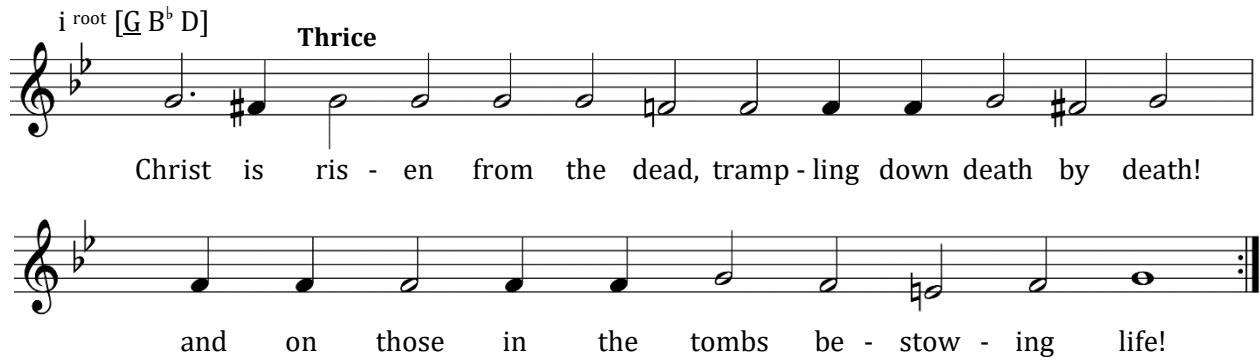
# Vespers

## Christ is Risen

---

*From Holy Pascha until Ascension*

i root [G B<sup>b</sup> D]      **Thrice**



Christ is ris - en from the dead, tramp - ling down death by death!

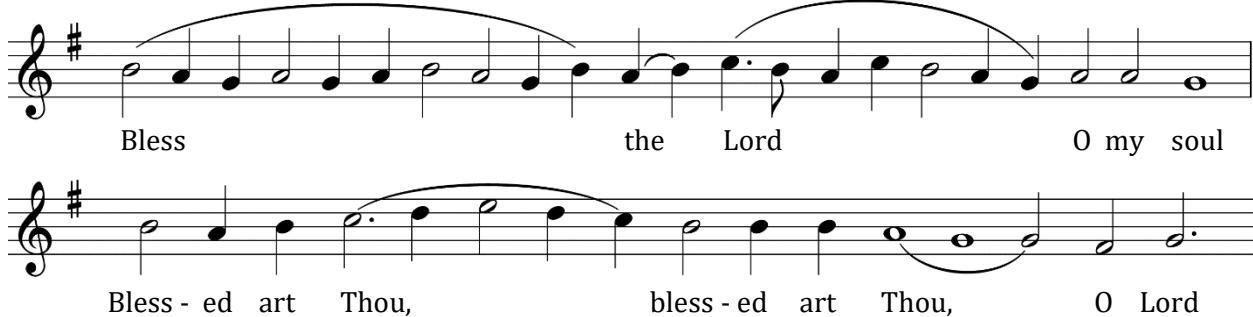
and on those in the tombs be - stow - ing life!

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (*Thrice*)

## Bless the Lord, O My Soul

### Introductory Psalm, 103

I 3rd [G B D]



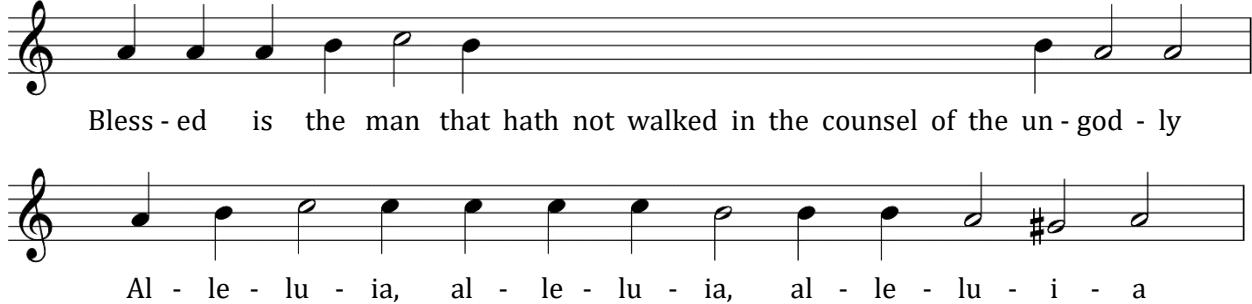
Bless the Lord O my soul  
Bless - ed art Thou, O Lord

Bless the Lord, O my soul.  
Blessed art Thou, blessed art Thou, O Lord.  
O Lord my God, Thou hast been magnified exceedingly.  
Blessed art Thou, blessed art Thou, O Lord.  
Upon the mountains shall the waters stand.  
Wondrous are Thy works, O Lord.  
In wisdom hast Thou made them all, hast Thou made them all.  
Glory to Thee, O Lord, Who hast made them all.  
Glory to the Father, and to the Son, and to the Holy Spirit, both  
now and ever, and unto the ages of ages. Amen.  
Alleluia, alleluia, alleluia. Glory to Thee, O God. (*Thrice*)

## Blessed is the Man

### First Kathisma

i root [A C E]



Bless - ed is the man that hath not walked in the counsel of the un - god - ly

Al - le - lu - ia, al - le - lu - ia, al - le - lu - i - a

Blessed is the man that hath not walked in the counsel of the ungodly.

Alleluia, alleluia, alleluia.

For the Lord knoweth the way of the righteous, and the way of the ungodly shall perish.

Alleluia, alleluia, alleluia.

Serve ye the Lord with fear, and rejoice in Him with trembling.

Alleluia, alleluia, alleluia.

Blessed are all that have put their trust in Him.

Alleluia, alleluia, alleluia.

Arise, O Lord, save me, O my God.

Alleluia, alleluia, alleluia.

Salvation is of the Lord, and Thy blessing is upon Thy people.

Alleluia, alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia.

Alleluia, alleluia, alleluia. Glory to Thee, O God. (*Thrice*)

**Lord I Have Cried****Tone VII**Stressed: I 3<sup>rd</sup> [G B D]

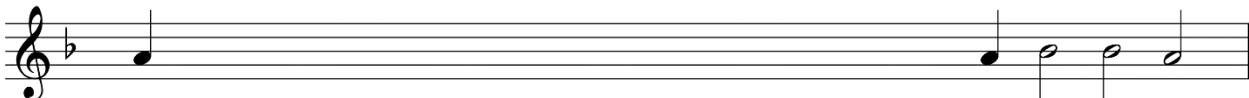
A B :|| F



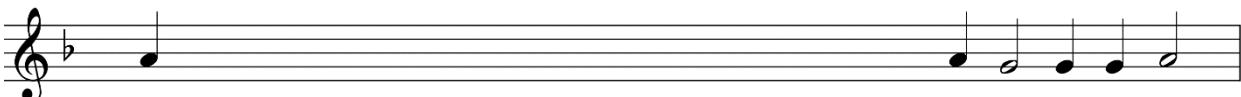
Lord, I have cried un - to Thee, hear-ken un - to me. Hear - ken un - to me O Lord

Lord, I have cried unto Thee, hearken unto me. Hearken unto me, O Lord. Lord, I have cried unto Thee, hearken unto me; attend to the voice of my supplication, when I cry unto Thee. Hearken unto me, O Lord.

Let my prayer be set forth, as incense before Thee, the lifting up of my hands as an evening sacrifice. Hearken unto me, O Lord.

**Verses of Lord, I Have Cried**I 3<sup>rd</sup> [F A C]

Set, O Lord, a watch before my mouth, and a door of enclosure round a - bout my lips



Incline not my heart unto words of evil, to make excuse with ex - cu - ses in sins

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with ex-  
cuses in sins,

With men that work iniquity; and I will not join with their chosen.

The righteous man will chasten me with mercy and reprove me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judges been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered

nigh unto hades.

For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.

The sinners shall fall into their own net; I am alone until I pass by.

With my voice unto the Lord have I cried, with my voice unto the Lord have I made supplication.

I will pour out before Him my supplication, mine affliction before Him will I declare.

When my spirit was fainting within me, then Thou knewest my paths.

In this way wherein I have walked they hid for me a snare.

I looked upon my right hand, and beheld, and there was none that did know me.

Flight hath failed me, and there is none that watcheth out for my soul.

I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the living.

Attend unto my supplication, for I am brought very low.

Deliver me from them that persecute me, for they are stronger than I.

**Resurrectional Stichera****Tone VII**

*Stichos:* Bring my soul out of prison.

I 3rd [G B D]



That I may con - fess Thy Name

Stressed: I 3rd [G B D] / Unstressed: I root [G B D] A B :|| F



Come, let us re - joice in the Lord Who hath bro - ken the might of death

Come, let us rejoice in the Lord/ Who hath broken the might of death/ and enlightened the human race;/ and let us cry out with the incorporeal ones:// O our Creator and Savior, glory be to Thee!

*Stichos:* The righteous shall wait patiently for me/ until Thou shalt reward me.

For our sake, O Savior, Thou didst endure the Cross and burial./  
And as God Thou didst slay death by death./Wherefore, we bow down before Thy rising on the third day.// O Lord, glory be to Thee!

*Stichos:* Out of the depths have I cried unto Thee, O Lord;/ O Lord, hear my voice.

Beholding Thy resurrection, the apostles marvelled,/chanting angelic praise./ This is the glory of the Church!/These are the riches of the kingdom!/O Lord Who suffered for our sake,// glory be to Thee!

*Stichos:* Let Thine ears be attentive/ to the voice of my supplication.

Thou wast seized by iniquitous men, O Christ,/ yet Thou art my God, and I am not confounded./Thou wast beaten on the shoulders, yet I shun Thee not./ Thou wast nailed to the Cross, and I do not conceal it./ I boast in Thine arising; for Thy death is my life.// O almighty Lord Who lovest mankind, glory be to Thee!

*Stichos:* If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Fulfilling the prophecy of David,/ Christ revealed His majesty to the disciples in Sion,/ showing Himself to be ever-laudable and glorious,/ with the Father and the Spirit,/ and to be the One Who, as the Word, was incorporeal in the beginning,/ was later incarnate for our sake,/ was slain as a man, and arose with power// as He Who loveth mankind.

*Stichos:* For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

Thou didst descend into hades as Thou didst will, O Christ;/ Thou didst overthrow death as God and Master;/and Thou didst rise on the third day,/raising up Adam with Thyself from the bonds of hades and corruption;/and he cried out, saying:// Glory to Thy resurrection, O Thou Who alone lovest mankind!

*Stichos:* From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

Thou wast laid in the tomb as one asleep, O Lord,/and didst rise on the third day as one powerful in might,/raising up Adam with Thyself from the corruption of death,// in that Thou art almighty.

*Then stichera for the saint from the Menaion.*

*Stichos:* For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

*Stichos:* O praise the Lord, all ye nations;/ praise Him all ye peoples.

*Stichos:* For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.

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### Doxasticon

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*Glory... The doxasticon for the saint or commemoration of the day.*

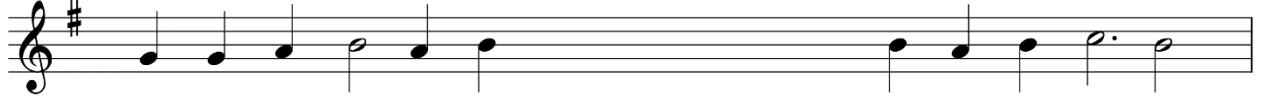
**Dogmatic Theotokion****Tone VII**

I 3<sup>rd</sup> [G B D]



Both now and ever and unto the a - ges of a - ges. A - men

Unstressed: I root [G B D] A B :|| F



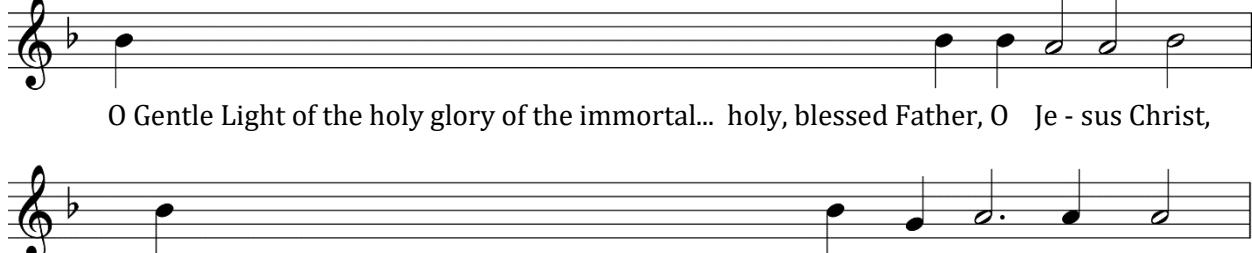
Thou hast been known to have become a Mother... manner, O The - o - to - kos

Thou hast been known to have become a Mother in supernatural manner, O Theotokos,/ and hast remained a Virgin in manner past recounting and understanding;/ and no tongue can describe the wonder of thy birthgiving./ For as thy conceiving is all-glorious,/ so is the manner of thy birthgiving beyond comprehension;/ for where God so willeth, the order of nature is over-ruled./ Wherefore, knowing thee to be the Mother of God,/ we all earnestly entreat thee:// Pray thou that our souls be saved!

## O Gentle Light

---

ii 3rd [G B<sup>b</sup> D]



O Gentle Light of the holy glory of the immortal... holy, blessed Father, O Je - sus Christ,  
having come to the setting of the sun, having beheld the eve - ning light

O Gentle Light of the holy glory of the immortal, heavenly, holy, blessed Father, O Jesus Christ:/ having come to the setting of the sun, having beheld the evening light,/ we praise the Father, the Son, and the Holy Spirit: God./ Meet it is for Thee at all times to be hymned with reverent voices,/ O Son of God, Giver of life.// Wherefore, the world doth glorify Thee.

## Prokeimenon on Saturday Evening

---

### Tone VI

i root [E G B] – Melody in Alto



The Lord is King, He is clothed with ma - - - - - jest - y

The Lord is King,/ He is clothed with majesty.

**Stichera of the Aposticha****Tone VII**

Unstressed: I <sup>root</sup> [G B D] A B :|| F

Thou didst rise from the tomb, O Savior of the world

Thou didst rise from the tomb, O Savior of the world,/ and with  
Thy flesh didst raise men up.// Glory be to Thee, O Lord!

*Stichos:* The Lord is King.

I <sup>3rd</sup> [G B D]

He is clothed with majesty

Come, let us worship Him Who hath risen from the dead and en-lightened all;/ for He hath freed us from the tyranny of hades,/ and by His resurrection on the third day// hath granted us life and great mercy.

*Stichos:* For He hath established the world/ which shall not be shaken.

Thou didst descend into hades and make death captive, O Christ;/  
and rising on the third day,/ Thou didst raise up with Thyself those who glorified Thine almighty arising,// O Lord Who lovest mankind.

*Stichos:* Holiness becometh Thy house, O Lord,/ unto length of days.

Awesome wast Thou, lying in the tomb as one asleep, O Lord;/  
and rising on the third day as One mighty,/ Thou didst raise up Adam, who cried:// Glory to Thy resurrection, O Thou Who alone lovest mankind!

## **Doxasticon**

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*Glory... The doxasticon for the saint or commemoration of the day.*

## **Resurrectional Theotokion**

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*Both now... Theotokion in the same tone.*

## O Theotokos Virgin, Rejoice!

Song of the Most-Holy Theotokos  
Tone IV

I 3rd [F A C]



O Theotokos Vir - gin, re - joice! O Mary, full of grace, the Lord is with thee

O Theotokos Virgin, rejoice! / O Mary, full of grace, the Lord is  
with thee; / blessed art thou among women, / and blessed is the Fruit  
of thy womb; // for thou hast borne the Savior of our souls. (*Thrice*)

## Blessed Be the Name of the Lord

I 3rd [F A C]

Thrice



Bless - ed be the name of the Lord from hence-forth and for ev - er - more

Blessed be the name of the Lord from henceforth and for ever-  
more. (*Thrice*)

## I Will Bless the Lord at All Times

### Psalm 33

I 3rd [F A C]



I will bless the Lord at all times, His praise shall continually be in my mouth

I will bless the Lord at all times,/ His praise shall continually be in my mouth.

In the Lord shall my soul be praised,/ let the meek hear and be glad.

O magnify the Lord with me,/ and let us exalt His name together.

I sought the Lord, and He heard me,/ and delivered me from all my tribulations.

Come unto Him, and be enlightened,/ and your faces shall not be ashamed.

This poor man cried, and the Lord heard him,/ and saved him out of all his tribulations.

The angel of the Lord will encamp round about them that fear Him,/ and will deliver them.

O taste and see that the Lord is good,/ blessed is the man that hopeth in Him.

O fear the Lord, all ye His saints,/ for there is no want to them that fear Him.

Rich men have turned poor and gone hungry,// but they that seek the Lord shall not be deprived of any good thing.

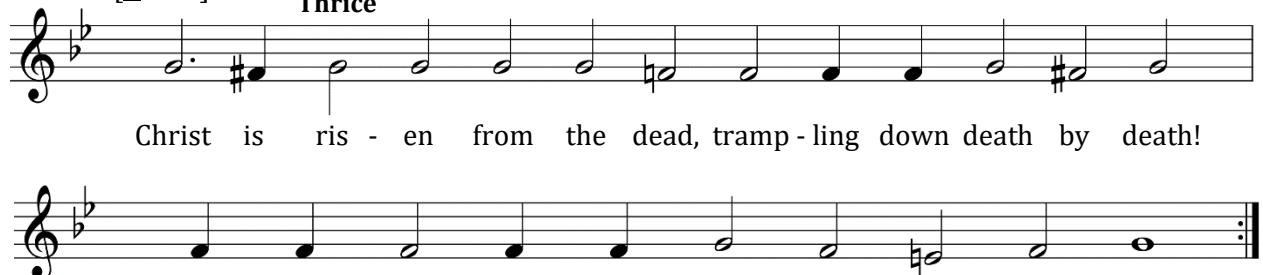
## Matins

### Christ is Risen

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*From Holy Pascha until Ascension*

i root [G B<sup>b</sup> D]      **Thrice**



Christ is ris - en from the dead, tramp - ling down death by death!  
and on those in the tombs be - stow - ing life!

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (*Thrice*)

---

### God is the Lord

---

Tone VII

I 3rd [F A C]      A B :|| A F



God is the Lord, and hath ap - peared un - to us

God is the Lord and hath appeared unto us. Blessed is he that cometh in the name of the Lord.

## Troparion of the Resurrection

### Tone VII

I 3rd [F A C] A B :|| A F



Thou didst de - stroy death by Thy Cross; Thou didst open par - a - dise to the thief

Thou didst destroy death by Thy Cross,/ Thou didst open para-  
dise to the thief./ Thou didst change the lamentation of the Myrrh-  
bearers,/ and Thou didst command Thine Apostles/ to proclaim that  
Thou didst arise, O Christ God,// and grantest to the world great  
mercy.

## Resurrectional Theotokion

### Tone VII

I 3rd [F A C] A B :|| A F



As thou art the treasury... O all-hymned one, lead up from the pit... those who trust in thee

As thou art the treasury of our resurrection, O all-hymned one,/ lead up from the pit and abyss of transgression those who trust in thee,/ for thou who gavest birth to our Salvation/ hast saved those who are subject to sin./ O thou who before giving birth wast Virgin,/ and during thy birthgiving wast virgin,// thou remainest a Virgin even after giving birth.

## The Polyeleos

---

I root [G B D]

Praise ye the name of the Lord

Praise ye the name of the Lord; O ye servants, praise the Lord.  
Alleluia.

Ye that stand in the house of the Lord, in the courts of the house of our God. Alleluia.

O Lord, Thy name endureth forever, and Thy memorial unto generation and generation. Alleluia.

Blessed is the Lord out of Sion, who dwelleth in Jerusalem.  
Alleluia.

O give thanks unto the Lord, for He is good; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

To Him that established the earth upon the waters; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

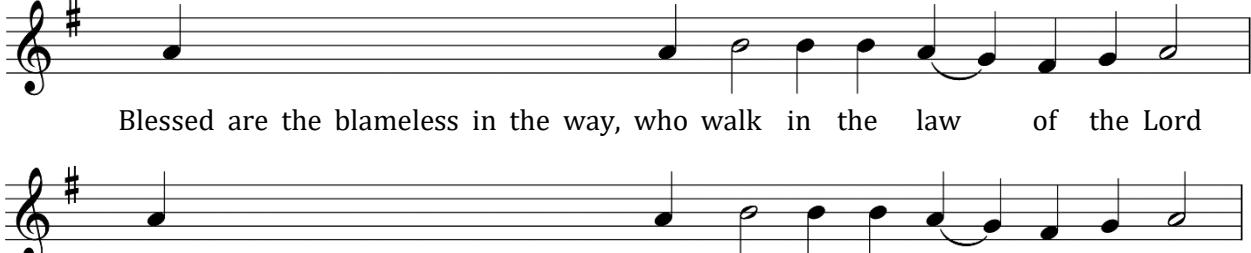
With a strong hand and a lofty arm; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

O give thanks unto the God of Heaven; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

## Blessed Are the Blameless

### Psalm 118

V 5th [D F# A]



Blessed are the blameless in the way, who walk in the law of the Lord

Blessed are they that search... with their whole heart shall they seek af - ter Him

Blessed are the blameless in the way, who walk in the law of the Lord.

Blessed are they that search out His testimonies; with their whole heart shall they seek after Him.

For they that work iniquity have not walked in His ways.

Thou hast enjoined Thy commandments, that we should keep them most diligently.

Would that my ways were directed to keep Thy statutes.

Then shall I not be ashamed, when I look on all Thy commandments.

I will confess Thee with uprightness of heart, when I have learned the judgements of Thy righteousness.

I will keep thy statutes; do not utterly forsake me.

Wherewithal shall a young man correct his way? By keeping Thy words.

With my whole heart have I sought after Thee, cast me not away from Thy commandments.

In my heart have I hid Thy sayings that I might not sin against Thee.

## The Assembly of Angels

### Evlogitaria of the Resurrection Tone V

V 5th [D F# A]

A B C :|| F

Bless - ed art Thou O Lord, teach me Thy sta - tutes

Blessed art Thou, O Lord,/teach me Thy statutes.

The assembly of angels was amazed,/beholding Thee numbered among the dead;/ yet, O Savior, destroying the stronghold of death,/and with Thyself raising up Adam,// and freeing all from hades.

Blessed art Thou, O Lord,/teach me Thy statutes.

Why mingle ye myrrh with tears of pity,/O ye women disciples?/Thus the radiant angel within the tomb/addressed the myrrh-bearing women;/behold the tomb and understand,// for the Savior is risen from the tomb.

Blessed art Thou, O Lord,/teach me Thy statutes.

Very early the myrrh-bearing women/hastened unto Thy tomb, lamenting,/but the angel stood before them and said:/ the time for lamentation is passed, weep not,/but tell of the Resurrection to the Apostles.

Blessed art Thou, O Lord,/teach me Thy statutes.

The myrrh-bearing women,/with myrrh came to Thy tomb, O Savior, bewailing,/but the angel addressed them, saying:/Why number ye the living among the dead,/for as God He is risen from the tomb.

Glory to the Father, and to the Son, and to the Holy Spirit.

Let us worship the Father,/and His Son, and the Holy Spirit,/the Holy Trinity, one in essence,/crying with the Seraphim:// Holy, Holy, Holy art Thou, O Lord.

Both now and ever, and unto the ages of ages. Amen.

In bringing forth the Giver of life,/ thou hast delivered Adam from sin, O Virgin,/ and hast brought joy to Eve instead of sorrow;/ and those fallen from life have thereunto been restored,// by Him Who of thee was incarnate, God and man.

Alleluia, alleluia, alleluia. Glory to Thee, O God. (*Thrice*)

### Hymns of Ascent

#### Tone VII

##### Antiphon I

Unstressed: I <sup>root</sup> [G B D] / Stressed: I <sup>3rd</sup> [G B D]

A B :|| F



O Savior Who turned the captivity of Sion away from falsehood,/ grant life unto me, // rescuing me from enslaving passions.

He who with tears soweth the afflictions of fasting in the south// shall reap sheaves of joy and everlasting life.

*Glory..., Both now...*

Through the Holy Spirit cometh the well-spring of divine treas- ures:/ from Him are wisdom, understanding and fear,/ and to Him are due praise and glory,// honor and dominion.

##### Antiphon II

If the Lord buildeth not the house of the soul,/ in vain do we la- bor;// for without Him is no work or word made perfect.

Moved by the Spirit,/ the saints, made true children through adoption by the Son,// have transmitted the teachings of the Father.

*Glory..., Both now...*

Through the Holy Spirit doth everything come into being;/ for, from before the beginning of time,/ He hath been the God of all,// the Lord of all, the unapproachable Light, and the Life of all.

##### Antiphon III

Having found the paths of life,/ they who fear the Lord are blessed, now and forever,// with incorruptible glory.

Seeing thine offspring like the trunks of trees round about thy ta-  
ble,/ rejoice and be glad,/// leading them to Christ, the Chief Shep-  
herd.

*Glory..., Both now...*

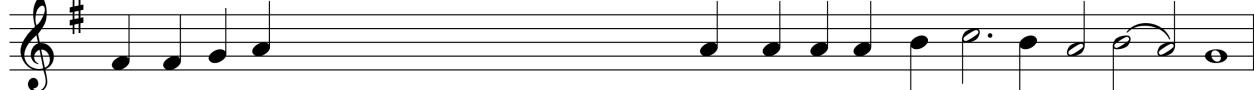
From the Holy Spirit come an abyss of gifts,/ a wealth of glory and  
great depths of judgment;/ for, equal in glory with the Father and  
the Son,/// He is worshipped with Them.

### Prokeimenon

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#### Tone VII

V 3<sup>rd</sup> [D F<sup>#</sup> A]



A - rise, O Lord my God, let Thy hand be lifted high; for-get not Thy pau-pers to the end

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy  
paupers to the end.

*Stichos:* I will confess Thee, O Lord, with my whole heart, I will tell  
of all Thy wonders.

### Let Every Breath Praise the Lord

---

#### Tone VII

V 3<sup>rd</sup> [D F<sup>#</sup> A]



Let ev - 'ry breath praise the Lord, praise the Lord

Let every breath praise the Lord, praise the Lord.

## Glory to Thee, O Lord

I 3rd [F A C]

A musical score for a single melodic line. The key signature is one flat, and the time signature is common time. The melody consists of eighth and sixteenth notes on the treble clef staff. The lyrics are: "Glo - ry to Thee, O Lord, Glo - ry to Thee". The notes are distributed as follows: a short note (eighth note), a long note (quarter note), a short note (eighth note), a short note (eighth note), a short note (eighth note), a long note (quarter note), a short note (eighth note), a short note (eighth note), a short note (eighth note), a long note (quarter note), a short note (eighth note), a short note (eighth note), a short note (eighth note).

## **Having Beheld the Resurrection of Christ**

## Tone VI

i root A C E

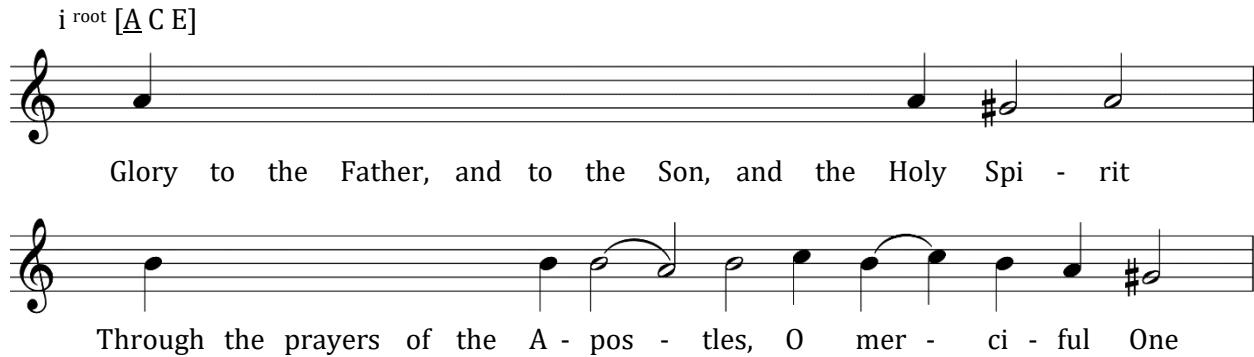
A musical staff in G major (one sharp) and common time. It contains the following notes from left to right: a quarter note, a half note, a quarter note, a half note with a sharp sign, a quarter note, a quarter note, an eighth note, a half note, a half note with a sharp sign, an eighth note, and a half note.

Having beheld the Resurrection of Christ,/ let us worship the holy Lord Jesus,/ the only sinless One./ We worship Thy Cross, O Christ,/ and Thy holy Resurrection we hymn and glorify./ For Thou art our God,/ and we know none other beside Thee;/ we call upon Thy name./ O come, all ye faithful,/ let us worship Christ's holy Resurrection,/ for, behold, through the Cross joy hath come to all the world./ Ever blessing the Lord,/ we hymn His Resurrection;/ for, having endured crucifixion,// He hath destroyed death by death.

## Stichera Following Psalm 50

Throughout Most of the Year  
Tone VI

i root [A C E]



Glory to the Father, and to the Son, and the Holy Spirit

Through the prayers of the Apostles, O merciful One

Glory to the Father, and to the Son, and the Holy Spirit.

Through the prayers of the Apostles (or the Theotokos, or Saint Name), O Merciful One,// blot out the multitude of our transgressions.

Both now and ever, and unto the ages of ages. Amen.

Through the prayers of the Theotokos,/ O Merciful One,// blot out the multitude of our transgressions.

Have mercy on me, O God,/ according to Thy great mercy;/ and according to the multitude of Thy compassions,// blot out my transgression.

Jesus having risen from the grave,/ as He foretold,/ life eternal,// and great mercy.

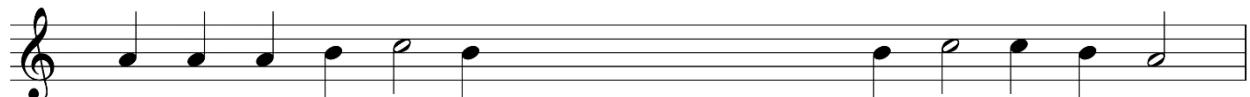
**Stichera Following Psalm 50**

**During the Weeks of the Lenten Triodion**  
**Tone VIII**

Stressed: vi root [A C E]



Glory to the Father and to the Son and to the Ho- ly Spi - rit



The doors of re - pen-tance do Thou open to me, O Giv - er of Life

Glory to the Father, and to the Son, and to the Holy Spirit.

The doors of repentance do Thou open to me, O Giver of life,/ for my spirit waketh at dawn toward Thy holy temple,/ bearing a temple of the body all defiled./ But in Thy compassion cleanse it// by the loving-kindness of Thy mercy.

Both now and ever, and unto the ages of ages. Amen.

Guide me in the paths of salvation, O Theotokos,/ for I have defiled my soul with shameful sins,/ and have wasted all my life in slackness,/ but by thine intercessions// deliver me from all uncleanliness.

**Tone VI**

i root [A C E]



Have mercy on me, O God, according to Thy great mer - cy

Have mercy on me, O God, according to Thy great mercy;/ and according to the multitude of Thy compassions,// blot out my transgression.

When I think of the multitude of evil things I have done,/ I, a wretched one,/ I tremble at the fearful day of judgment;/ but trusting in the mercy of Thy loving-kindness,/ like David do I cry unto Thee:/ Have mercy on me, O God,// according to Thy great mercy.

## The Canon

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### Tone VII

#### Ode I

Unstressed: I <sup>root</sup> [G B D] / Stressed: I <sup>3rd</sup> [G B D]

A B :|| F



By Thy hand was the na - ture of wat - er, which be - fore was flu - id

*Irmos:* By Thy hand was the nature of water,/ which before was fluid,/ transformed into solid form, O Lord./ Wherefore, having passed through it dryshod,// Israel chanteth to Thee a hymn of victory.

#### Ode III

*Irmos:* O Lord and Savior,/ Who in the beginning established the heavens by Thine omnipotent word/ and confirmed all their power by the all-accomplishing and divine Spirit:// establish me upon the immovable rock of the confession of Thee!

#### Ode IV

*Irmos:* O Christ God Who, without leaving the bosom of the Father, didst descend to earth:/ I have heard the mystery of Thy dispensation,// and have glorified Thee, Who alone lovest mankind.

#### Ode V

*Irmos:* Night is bereft of light for those without faith, O Christ,/ but for the faithful there is enlightenment in the sweetness of Thy words;/ wherefore, I rise early unto Thee// and hymn Thy divinity.

#### Ode VI

*Irmos:* Sailing amid the tumult of the cares of life,/ I founder with the ship of sin/ and am cast to the soul-destroying beast;/ yet like Jonah I cry to Thee, O Christ:// Lead me up from the deadly abyss!

## **Kontakion of the Resurrection**

## Tone VII

1 3rd [F A C] A B :|| A F

The musical score consists of a single staff in common time with a key signature of one flat. The notes are primarily quarter notes, with a few eighth and sixteenth note patterns. The first section ends with a double bar line and repeat dots, followed by a section in A major.

No long- er will the dominion... to keep men cap-tive; for Christ... the pow-ers there-of

No longer will the dominion of death be able to keep men cap-  
tive;/ for Christ hath descended, demolishing and destroying the  
powers thereof./ Hades is bound;/ the prophets rejoice with one  
voice, saying:/ A Savior hath come for them that have faith.// Come  
forth, ye faithful, for the Resurrection.

## Ode VII

*Irmos:* Of old, the children showed the fiery furnace to pour forth dew, / hymning the one God and saying: / Supremely exalted and all-glorious // is the God of our fathers!

## Ode VIII

*Irmos:* In Sinai, the bush unburnt by fire, / communing with Mo-  
ses, / made God known to him, who was slow of speech and spake  
with difficulty; / while their zeal for God showed forth the three chil-  
dren / as singers not open to assault by the fire, crying “O all ye  
works of the Lord, bless ye the Lord, // and exalt Him above all for  
ever!”

## My Soul Doth Magnify the Lord

### Song of the Most-Holy Theotokos

I 3rd [F A C]

My soul doth mag - ni - fy the Lord, and my spirit hath rejoiced in God my Sav - iour

My soul doth magnify the Lord,/ and my spirit hath rejoiced in God my Savior.

*Refrain:* More honourable than the Cherubim,/ and beyond compare more glorious than the Seraphim;/ who without corruption gavest birth to God the Word,/ the very Theotokos, thee do we magnify.

For He hath looked upon the lowliness of His handmaiden;/ for behold, from henceforth all generations shall call me blessed.

More honourable...

For the Mighty One hath done great things to me, and holy is His name;/ and His mercy is on them that fear Him unto generation and generation.

More honourable...

He hath showed strength with His arm,/ and He hath scattered the proud in the imagination of their heart.

More honourable...

He hath put down the mighty from their seat, and exalted them of low degree;/ He hath filled the hungry with good things, and the rich He hath sent empty away.

More honourable...

He hath holpen His servant Israel in remembrance of His mercy,/ as He spake to our fathers, to Abraham and his seed forever.

More honourable...

**Ode IX**

*Irmos:* Without tasting corruption,/ Thou hast conceived and lent flesh to the Word,/ Who is Artificer of all,/ O Mother who knew not a man, O Virgin Theotokos,/ vessel of Him Who cannot be contained,// dwelling place of Thine infinite Creator: we magnify Thee.

**Holy is the Lord Our God****Tone VII**V 3<sup>rd</sup> [D E<sup>#</sup> A]

Holy is the Lord our God, Holy is the Lord our God  
Ho - ly is the Lord our God

Holy is the Lord our God! (*Thrice*)

**Let Every Breath Praise the Lord****Tone VII**Stressed: I 3<sup>rd</sup> [G B D]

A B :|| F

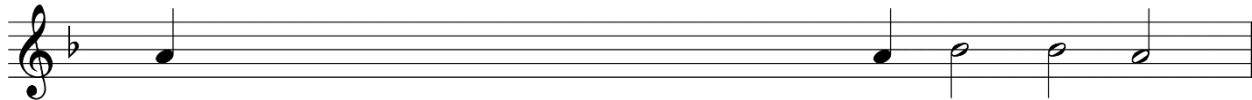
Let ev - ' ry breath praise the Lord. Praise the Lord from the hea - vens

Let every breath praise the Lord. Praise the Lord from the heav-  
ens, praise Him in the highest. To Thee is due praise, O God.

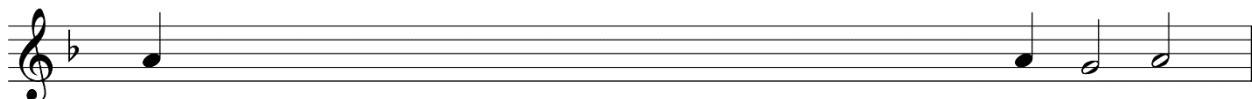
Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

## Verses of the Psalms of Praise

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I 3rd [F A C]

Praise Him, O sun and moon; praise Him, all ye stars and light



Praise Him, ye heavens of heavens, and thou water that art above the hea - vens

Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou water that art above the heavens.

Let them praise the name of the Lord; for He spake, and they came to be; He commanded, and they were created.

He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all cedars,

The beasts and all the cattle, creeping things and winged birds,

Kings of the earth, and all peoples, princes and all the judges of the earth,

Young men and virgins, elders with the younger; let them praise the name of the Lord, for exalted is the name of Him alone.

His praise is above the earth and Heaven, and He shall exalt the horn of His people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their King.

Let them praise His name in the dance; with the timbrel and the psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salyvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,

To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron.

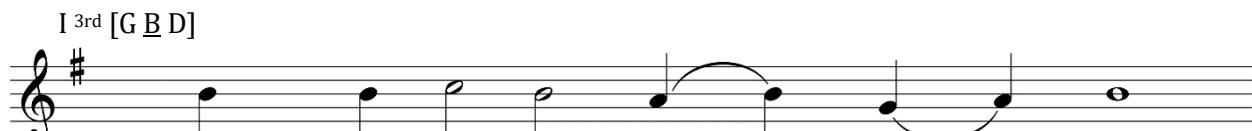
### Psalms of Praise

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#### Tone VII

*Stichos:* To do among them the judgment that is written.

I 3rd [G B D]



This glory shall be to all His saints

Christ hath risen from the dead, / bursting the bonds of death! / O earth, proclaim great joy! // Ye heavens, sing the glory of God!

*Stichos:* Praise ye God in His saints, / praise Him in the firmament of His power.

Having beheld the resurrection of Christ, / let us worship the holy Lord Jesus, // Who alone is sinless.

*Stichos:* Praise Him for His mighty acts, / praise Him according to the multitude of His greatness.

Let us not cease worshipping the resurrection of Christ; / for the holy Lord Jesus, / revealing His resurrection, // hath saved us from our iniquities.

*Stichos:* Praise Him with the sound of trumpet, / praise Him with psaltery and harp.

What shall we render unto the Lord for all that He hath rendered unto us?/ God the Word, for the sake of us and our corrupted na-  
ture,/ took flesh, and dwelt among us men./ To the thankless He  
 came as Benefactor;/ to the captive as Liberator;/ to those sitting in  
 darkness as the Sun of righteousness./ On the Cross, He was dispas-  
sionate;/ in hades, He was light;/ in death He was life and resurrec-  
 tion for the fallen./ Let us cry aloud to Him:// O our God, glory be to  
 Thee!

*Stichos:* Praise Him with timbrel and dance,/ praise Him with strings and flute.

Thou didst break down the gates of hades, O Lord;/ with Thy mighty power Thou didst abolish the dominion of death;/ and by Thy glorious resurrection Thou didst raise up with Thyself/ the dead who slept in darkness from ages past,// as King of all and al-  
mighty God.

*Stichos:* Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

Come, let us rejoice in the Lord/ and be glad in His resurrection;  
 for with Himself He hath raised the dead up from the indissoluble  
 bonds of hades,/ and as God He hath granted the world life everlast-  
ing// and great mercy.

*Stichos:* Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

The radiant angel sat upon the stone of the Life-receiving tomb/  
 and announced to the myrrh-bearing women, saying:/ “The Lord is  
 risen, as He told you before!/ Proclaim ye to His disciples that He  
 goeth before you into Galilee,// and granteth the world life everlast-  
ing and great mercy!”

*Stichos:* I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

Why did ye cause the Cornerstone to be rejected, O most iniqui-  
tous Jews?/ Behold, He is the One Whom God set in Sion,/ Who  
 poured water forth from the stone in the wilderness,/ and poureth  
forth immortality upon us from His own side./ He is the Stone which  
 was quarried from the mountain of the Virgin/ without desire of

man,/ the Son of man Who goeth on the clouds of heaven/ to the An-  
cient of Days, as Daniel said,// and His kingdom is eternal.

### Gospel Sticheron

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*Glory... The Gospel sticheron is sung, unless there is a Doxasticon from the Menaion, the Triodion, or the Pentecostarion.*

### Most Blessed Art Thou

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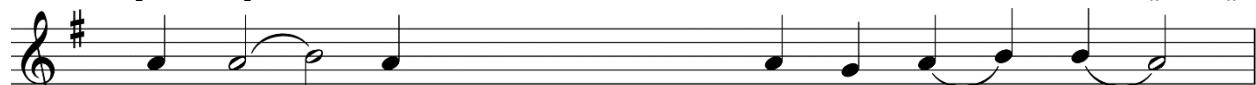
#### Theotokion, Tone II

V7 5th [D F# A C]



Both now and ever and unto the a - ges of a - ges. A - men

V7 5th [D F# A C] A ||: B C :|| F



Most bles - sed art thou O Virgin The - o - to - kos

Most blessed art Thou, O Virgin Theotokos,/ for through Him  
Who became incarnate of Thee is hades led captive,/ Adam recalled,  
the curse annulled, Eve set free,/ death slain, and we are given life./  
Wherefore, we cry aloud in praise:/ Blessed is Christ God// Who  
hast been so pleased, glory to Thee.

## The Great Doxology

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V 5th [D F# A]



Glory to God in the high - est, and on earth peace, good will a - mong men

Glory to God in the highest,/ and on earth peace, good will among men./ We praise Thee, we bless Thee, we worship Thee,/ we glorify Thee, we give thanks to Thee for Thy great glory./ O Lord, Heavenly King, God the Father Almighty;/ O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit./ O Lord God, Lamb of God, Son of the Fa-ther,/ that taketh away the sin of the world; have mercy on us;/ Thou that taketh away the sins of the world, receive our prayer;/ Thou that sittest at the right hand of the Father, have mercy on us./ For Thou only art holy;/ Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy Name forever, yea, forever and ever./ Vouchsafe, O Lord, to keep us this day without sin./ Blessed art Thou, O Lord, the God of our fathers,/ and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

Blessed are Thou, O Lord, teach me Thy statutes. (*Thrice*)

Lord, thou hast been our refuge in generation and generation./ I said: O Lord, have mercy on me, heal my soul, for I have sinned against Thee./ O Lord, unto Thee have I fled for refuge, teach me to do Thy will, for Thou art my God./ For in Thee is the fountain of life, in Thy light shall we see light./ O continue Thy mercy unto them that know Thee.

Holy God, Holy Mighty, Holy Immortal have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Holy Immortal have mercy on us.

Holy God, Holy Mighty, Holy Immortal have mercy on us.

## Today is Salvation Come Unto the World

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### Dismissal Troparion

V 3rd [E G<sup>#</sup> B]



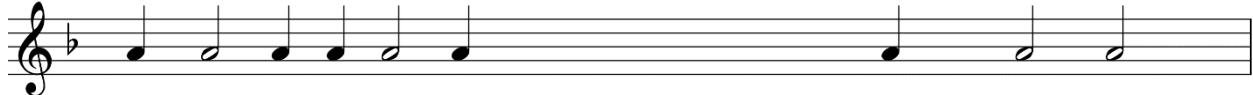
To - day is sal - va - tion come un - to the world; let us sing...

Today is salvation come unto the world;/ let us sing praises to Him that arose from the tomb,/ and is the Author of our life./ For, having destroyed death by death,// He hath given us the victory and great mercy.

## Establish, O God

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I 3rd [F A C]



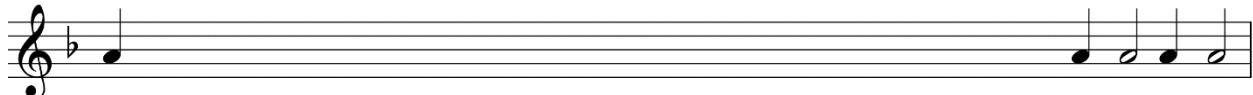
Est - ab - lish, O God, the holy Orthodox Faith of Orthodox Christ - ians

Establish, O God,/ the holy Orthodox Faith of Orthodox Chris-tians// unto the ages of ages.

## Hymn to the Most Holy Theotokos

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I 3rd [F A C]



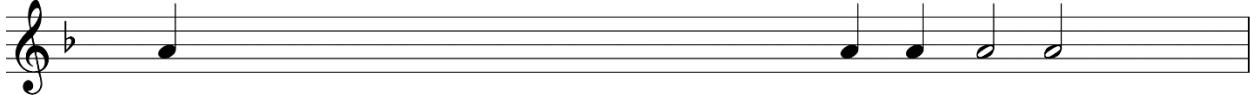
More honourable than the Cherubim, and beyond compare more glorious than the Ser-a-phim

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim,/ who without corruption gavest birth to God the Word,// the very Theotokos, thee do we magnify.

## At the Dismissal

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I root [F A C]



Glory to the Father, and to the Son, and to the Ho - ly Spi - rit

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (*Thrice*)

O Lord, bless.

*From Holy Pascha until Ascension*

i root [G B<sup>b</sup> D]

**Thrice**



Christ is ris - en from the dead, tramp - ling down death by death!



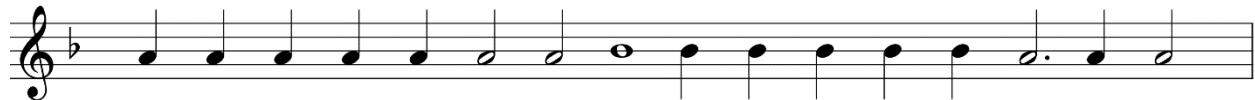
and on those in the tombs be - stow - ing life!

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (*Thrice*)

## Save, O Lord, and Have Mercy

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I 3rd [F A C]



Save, O Lord, and have mer - cy on our Arch - bi - shop \_\_\_\_\_

Save, O Lord, and have mercy on/ our Archbishop *Name*;/ and the United States of America/ and all who with faith and piety dwell herein;/ and the much-suffering Russian land,/ and its Orthodox people in the homeland and in the diaspora;/ the priest and parishioners of this holy church, and all Orthodox Christians:// Preserve, O Lord, for many years.

# First Hour

## To Thee the Champion Leader

## Tone VIII

I root [F A C] A :||

To thee the Champ - ion Leader, we thy servants ded - i - cate

To thee the Champion Leader, we thy servants dedicate/ a feast of victory and of thanksgiving/ as ones rescued out of sufferings, O Theotokos;/ but as thou art one with might which is invincible,/ from all dangers that can be do thou deliver us,/ that we may cry to thee: Rejoice, thou Bride unwedded.

## Typika

### Christ is Risen

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*From Holy Pascha until Ascension*

i root [G B<sup>b</sup> D]      **Thrice**

Christ is risen from the dead, tramp - ling down death by death!  
and on those in the tombs be - stow - ing life!

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (*Thrice*)

## First Antiphon

## Psalm 102

I root **[F A C]**

A musical score in G clef, common time, with a key signature of one flat. The melody consists of quarter and eighth notes on the G, A, B, and C lines. The lyrics are: "Bless the Lord, O my soul; bless-ed art Thou, O Lord". The word "O" is on a higher note than the rest of the words in the line.

Bless the Lord, O my soul; blessed art Thou, O Lord.

Bless the Lord, O my soul, and all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all that He hath done for thee.

Who is gracious unto thine iniquities, Who healeth all thine infir-  
mities.

Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion.

Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's.

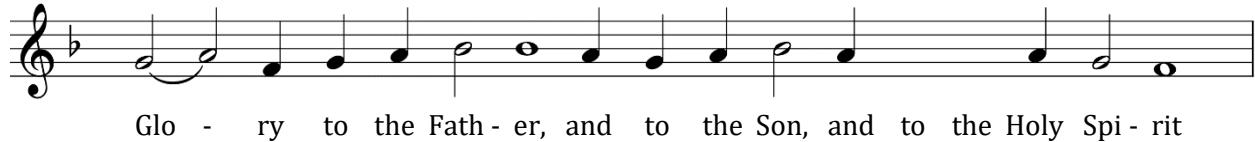
Compassionate and merciful is the Lord, long-suffering and plenteous in mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Bless the Lord, O my soul, and all that is within me bless His holy name: blessed art Thou, O Lord.

**Second Antiphon****Psalm 145**

V 5th [C E G]



**Glory to the Father, and to the Son, and to the Holy Spirit.**

I root [F A C]



I will chant unto my God for as long as I have my being

Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being.

Trust ye not in princes, in the sons of men, in whom there is no salvation.

His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish.

Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God,

Who hath made Heaven and the earth, the sea and all that is therein,

Who keepeth truth unto eternity, Who executeth judgment for the wronged, Who giveth food unto the hungry.

The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen; the Lord loveth the righteous;

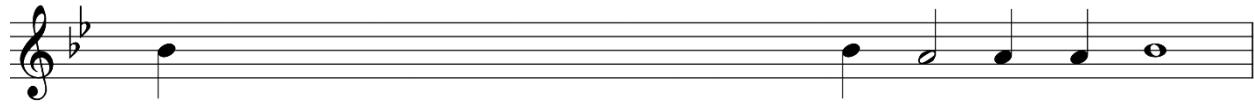
The Lord preserveth the proselytes. He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy.

The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation.

## Hymn of the Lord Jesus Christ

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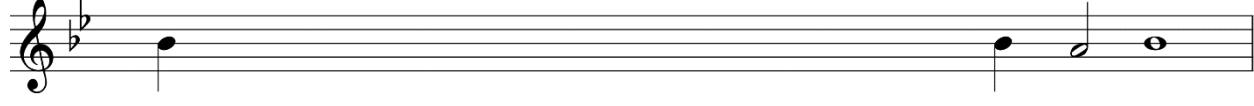
i 3rd [G B<sup>b</sup> D]



Both now and ever, and unto the ages of a - ges. A - men

Both now and ever, and unto the ages of ages. Amen.

i 3rd [G B<sup>b</sup> D]



O Only - begotten Son and Word of God, Who art im - mor - tal



yet didst deign for our sal - va - tion

O Only-begotten Son and Word of God, Who art immortal, yet didst deign for our salvation to be incarnate of the Holy Theotokos and Ever-Virgin Mary, and without change didst become man and wast crucified, O Christ God, trampling down death by death; O Thou Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

## Third Antiphon

## The Beatitudes

I root F A C



In Thy king-dom remember us, O Lord, when Thou comest into Thy king-dom

In Thy kingdom remember us, O Lord, when Thou comest into Thy kingdom.

<sup>12</sup> Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

<sup>11</sup> Blessed are they that mourn, for they shall be comforted.

<sup>10</sup> Blessed are the meek, for they shall inherit the earth.

9 Blessed are they that hunger and thirst after righteousness, for they shall be filled.

<sup>8</sup> Blessed are the merciful, for they shall obtain mercy.

7 Blessed are the pure in heart, for they shall see God.

**6** Blessed are the peacemakers, for they shall be called sons of God.

5 Blessed are they that are persecuted for righteousness' sake, for theirs is the kingdom of Heaven.

<sup>4</sup> Blessed are ye when men shall revile you and persecute you, and shall say all manner of evil against you falsely for My sake.

<sup>3</sup> **Rejoice** and be **exceeding** glad, for great is your reward in the heavens.

2 Glory to the Father, and to the Son, and to the Holy Spirit.

<sup>1</sup> Both now and ever, and unto the ages of ages. Amen.

## O Come Let Us Worship

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ii 3rd [G B<sup>b</sup> D]



O come let us worship and fall down be - fore Christ; Who didst rise from the...

O come let us worship and fall down before Christ;  
*Sundays:* Who didst rise from the dead,  
*Weekdays:* Who art wondrous in the saints,  
*Feasts of the Theotokos:* Through the prayers of the Theotokos,  
O Son of God, save us who sing to Thee: Alleluia.

## Troparion of the Resurrection

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### Tone VII

I 3rd [F A C]



Thou didst de - stroy death by Thy Cross; Thou didst open par - a - dise to the thief

Thou didst destroy death by Thy Cross,/ Thou didst open para-  
dise to the thief./ Thou didst change the lamentation of the Myrrh-  
bearers,/ and Thou didst command Thine Apostles/ to proclaim that  
Thou didst arise, O Christ God,// and grantest to the world great  
mercy.

## Holy God, Holy Mighty, Holy Immortal

### Trisagion

i root [G B<sup>b</sup> D]

Thrice

Holy God, Holy Mighty, Holy Immortal, have mercy on us

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)  
 Glory to the Father, and to the Son, and to the Holy Spirit, both  
 now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

### Before Thy Cross

*Instead of the Trisagion on feasts of the Precious Cross*

V 5<sup>th</sup> [D F<sup>#</sup> A]

Thrice

Be - fore Thy Cross we bow down, O Mas - ter

and Thy Ho - ly Re - sur - rec - tion do we glo - ri - fy

Before Thy Cross we bow down, O Master and Thy Holy Resurrec-  
 tion we glorify. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both  
 now and ever, and unto the ages of ages. Amen.

And Thy Holy Resurrection we glorify.

Before Thy Cross we bow down, O Master, and Thy Holy Resur-  
 rection we glorify.

## As Many As Have Been Baptized

*Instead of the Trisagion as appointed in the Typikon*

I root [F A C]

Thrice

As ma - ny as have been bap - tized in - to Christ

As many as have been baptized into Christ have put on Christ.  
Alleluia. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Have put on Christ. Alleluia.

As many as have been baptized into Christ have put on Christ.  
Alleluia.

## Prokeimenon

Tone VII

I 3rd [F A C]

The Lord will give strength un - to His peo - ple;

the Lord will bless His peo - ple with peace

The Lord will give strength unto His people; the Lord will bless His people with peace.

*Stichos:* Bring unto the Lord, ye sons of God, bring unto the Lord the sons of rams.

## Alleluia

### Tone VII

V 3rd [D F<sup>#</sup> A]



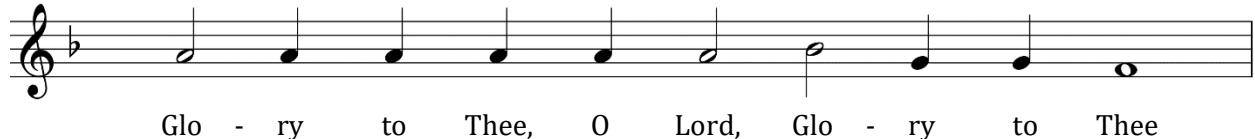
Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - - - ia

It is good to give praise unto the Lord, and to chant unto Thy name, O Most High.

*Stichos:* To proclaim in the morning Thy mercy, and Thy truth by night.

## Glory to Thee, O Lord

I 3rd [F A C]



Glo - ry to Thee, O Lord, Glo - ry to Thee

## Remember Us, O Lord

### Tone VI

i root [A C E]

Re - mem - ber us, O Lord, when Thou com - est in Thy king - dom

Remember us, O Lord// when Thou comest in Thy kingdom.  
 Remember us, O Master// when Thou comest in Thy kingdom.  
 Remember us, O Holy One// when Thou comest in Thy kingdom.  
 The heavenly choir praiseth Thee and saith:/ Holy, Holy, Holy,  
Lord of Sabaoth;// heaven and earth are full of Thy glory.

*Reader:* Come unto Him and be enlightened.

i root [A C E]

And your faces shall not be a - shamed

And your faces shall not be ashamed.  
 The heavenly choir praiseth Thee and saith:/ Holy, Holy, Holy,  
Lord of Sabaoth;// heaven and earth are full of Thy glory.

i root [A C E]

Glory to the Father, and to the Son, and to the Ho - ly Spi - rit

Glory to the Father, and to the Son, and to the Holy Spirit.  
 The choir of Holy angels and archangels/ with all the heavenly hosts praiseth Thee and saith:/ Holy, Holy, Holy, Lord of Sabaoth;// heaven and earth are full of Thy glory.

*Reader:* Both now and ever, and unto the ages of ages. Amen.

## Symbol of the Faith

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I 3rd [F A C]

I      be - lieve      in      one      God,      the      Father      Al -      migh -      ty

**I believe in one God, the Father Almighty, Maker of Heaven and earth, and of all things visible and invisible.**

And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of Light; true God of true God; begotten, not made; of one essence with the Father, by whom all things were made; Who for us men and for our salvation came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified for us under Pontius Pilate, and suffered, and was buried; and arose again on the third day according to the Scriptures, and ascended into the heavens, and sitteth at the right hand of the Father; and shall come again with glory to judge both the living and the dead; Whose kingdom shall have no end.

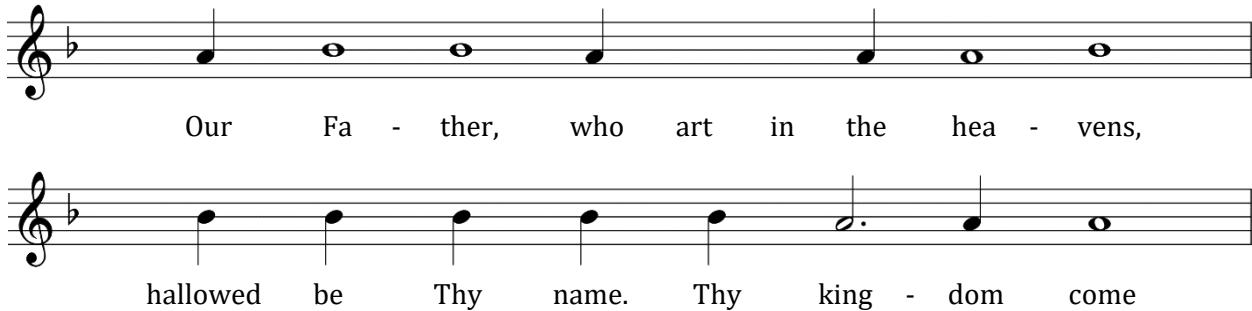
And in the Holy Spirit, the Lord, the Giver of Life, Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets.

In one Holy, Catholic, and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the age to come. Amen.

## Our Father

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I 3rd [F A C]



Our Father, who art in the heavens, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

## **Kontakion of the Resurrection**

## Tone VII

No longer will the dominion... to keep men captive; for Christ... the powers thereof

No longer will the dominion of death be able to keep men cap-  
tive;/ for Christ hath descended, demolishing and destroying the  
powers thereof./ Hades is bound;/ the prophets rejoice with one  
voice, saying:/ A Savior hath come for them that have faith.// Come  
forth, ye faithful, for the Resurrection.

### *The Kontakia as appointed by the Typikon.*

## Kontakion

## Tone VI

I root [F A C]

(Glory) Both now and ever and unto the ages of a - ges A - men

I root [F A C]

0 protection of Christians that cannot be put to shame

O protection of Christians that cannot be put to shame,/ O mediation unto the Creator unfailing:/ Disdain not the suppliant voices of sinners;/ but be thou quick, O good one, to help us who in faith cry unto thee:/ Hasten to intercession and speed thou to make supplication,// thou who dost ever protect, O Theotokos, them that honour thee.

**I Will Bless the Lord at All Times****Psalm 33**

I 3rd [F A C]



I will bless the Lord at all times, His praise shall continually be in my mouth

I will bless the Lord at all times,/ His praise shall continually be in my mouth.

In the Lord shall my soul be praised,/ let the meek hear and be glad.

O magnify the Lord with me,/ and let us exalt His name together.

I sought the Lord, and He heard me,/ and delivered me from all my tribulations.

Come unto Him, and be enlightened,/ and your faces shall not be ashamed.

This poor man cried, and the Lord heard him,/ and saved him out of all his tribulations.

The angel of the Lord will encamp round about them that fear Him,/ and will deliver them.

O taste and see that the Lord is good,/ blessed is the man that hopeth in Him.

O fear the Lord, all ye His saints,/ for there is no want to them that fear Him.

Rich men have turned poor and gone hungry,// but they that seek the Lord shall not be deprived of any good thing.

Come ye children, hearken unto me;/ I will teach you the fear of the Lord.

What man is there that desireth life,/ who loveth to see good days?

Keep thy tongue from evil,/ and thy lips from speaking guile.

Turn away from evil, and do good;/ seek peace, and pursue it.

The eyes of the Lord are upon the righteous,/ and His ears are opened unto their supplication.

The face of the Lord is against them that do evil,/ utterly to destroy the remembrance of them from the earth.

The righteous cried, and the Lord heard them,/ and He delivered them out of all their tribulations.

The Lord is nigh unto them that are of a contrite heart,/ and He will save the humble of spirit.

Many are the tribulations of the righteous,/ and the Lord shall deliver them out of them all.

The Lord keepeth all their bones,/ not one of them shall be broken.

The death of sinners is evil,/ and they that hate the righteous shall do wrong.

The Lord will redeem the souls of His servants,/ and none of them will do wrong that hope in Him.

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### Hymn to the Theotokos

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#### Tone VIII

I root [F A C]

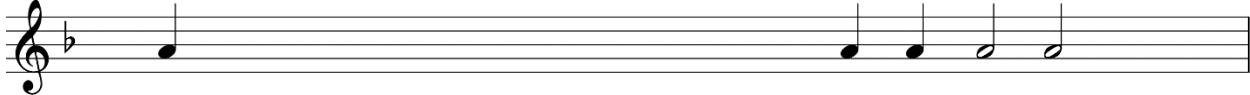
It is truly meet to bless thee, the Theotokos

It is truly meet to bless thee, the Theotokos,/ ever-blessed and most blameless, and Mother of our God./ More honourable than the Cherubim,/ and beyond compare more glorious than the Seraphim,/ who without corruption gavest birth to God the Word,// the very Theotokos, thee do we magnify.

## At the Dismissal

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I root [F A C]



Glory to the Father, and to the Son, and to the Ho - ly Spi - rit

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (*Thrice*)

O Lord, bless.

*From Holy Pascha until Ascension*

i root [G B<sup>b</sup> D]

**Thrice**



Christ is ris - en from the dead, tramp - ling down death by death!



and on those in the tombs be - stow - ing life!

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (*Thrice*)

# We Who Are Walled About by the Cross

## Tone VI

i root A C E

$$A B C :|| (A B^{\downarrow}) F$$



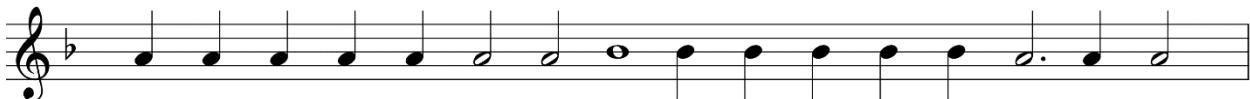
We who are walled a - bout by the Cross are ranged against the en - em - y

We who are walled about by the Cross/ are ranged against the enemy,/ not fearing his devices and ambushes,/ for the proud one hath been destroyed/ and trampled underfoot// by the power of Christ crucified on the Tree.

### *Stichera from the Litia for the parish feast.*

## Save, O Lord, and Have Mercy

I 3rd [F A C]



Save, O Lord, and have mer - cy on our Arch - bi - shop \_\_\_\_\_

Save, O Lord, and have mercy on/ our Archbishop *Name*;/ and the United States of America/ and all who with faith and piety dwell herein;/ and the much-suffering Russian land,/ and its Orthodox people in the homeland and in the diaspora;/ the priest and parishioners of this holy church, and all Orthodox Christians:// Preserve, O Lord, for many years.

Lord, have mercy. (*Thrice*)

Конец, и вісъ наше мъ глаꙑ.  
The end, and to our God be the glory!



# Δόμικ επτάεική ζένη μνήμονόσιης **Holy Myrrh-bearers** Ο Οίκος των Αγίων Μυροφόρων

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\*ВКГ.

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